

Free Educational Program Series

Mechanicville District Public Library

190 North Main Street, Mechanicville NY 12118

Tuesday, September 13th at 3:00 PM

“Know the 10 Signs of Alzheimer’s”

Wednesday, September 28th at 6:00 PM

***“Understanding Alzheimer’s and
Dementia”***



Wednesday, October 12th at 6:00 PM

“Dementia Conversations”

This program offers helpful tips to assist families with difficult conversations related to dementia, including going to the doctor, deciding when to stop driving and making legal and financial plans.

Wednesday, October 26th at 6:00 PM

“Effective Communication Strategies”

Wednesday, November 9th at 3:00 PM

***“Understanding and responding to
dementia related behaviors”***



To register and learn how to participate, call the Alzheimer’s Association 24/7 Helpline at 800.272.3900 or our local office at 518.675.7214.

These programs are supported in part by a grant from the New York State Department of Health.